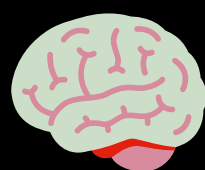




BALANCING TECHNOLOGY & CHILDHOOD

A PARENT'S GUIDE TO OUR DIGITAL PLEDGE

1 | OUR PLEDGE: PURPOSEFUL, NOT PERVASIVE

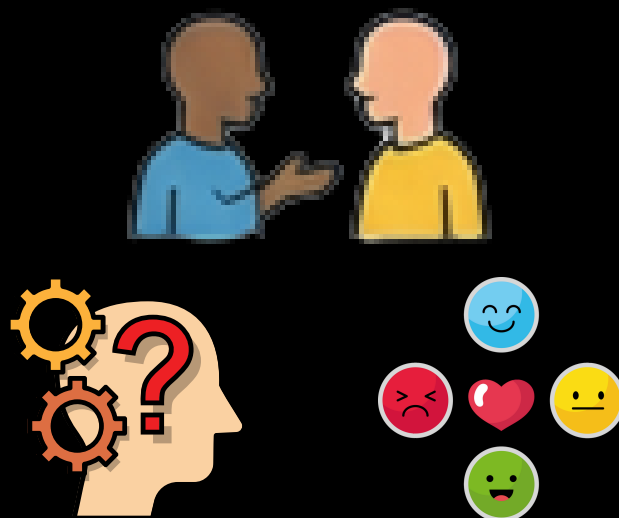


High screen time linked to poorer development: longitudinal research shows a linear relationship: more screen time for young children, the worse they may fare in these areas:

Language Skills, Social Abilities & Peer Relationships

2 | FACE-TO-FACE

We prioritise face-to-face Interaction & active learning focus on real-life socialising to develop emotional regulation and critical thinking, reducing the 'displacement effect.'



3 | LOW SCREEN USE?



Low screen use does not harm digital skills: research shows low childhood screen use doesn't impede digital competency. Waiting supports self-regulation for healthier habits.

4 | A SMART PHONE FREE SCHOOL

Effective September 2025: Weeke is a Smartphone-Free School: To reduce distractions and risks, pupils may not bring smartphones or other internet-linked devices to school.



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5 | WI-FI FRIENDLY



Our School is a 'Friendly WiFi' Certified Zone. This ensures online systems have strong content filtering and monitoring to protect pupils.

6 | WORKING TOGETHER FOR A BALANCED FUTURE



Join us in modeling positive online behaviour. We invite parents to partner with us by modeling healthy digital habits and balancing screen activities with non-screen time at home.



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7 | TECH IN THE CLASSROOM: ENHANCE NOT DISTRACT

Technology is a tool, not a distraction: used safely and strategically to support the curriculum aiming to inspire future programmers and engineers.

EYFS

Exploring technology through play with BeeBots or iPads for photography, and mechanical toys

Key Stage 1

Understanding algorithms and using technology purposefully to create digital content.

Key Stage 2

Designing and debugging programs, exploring computer networks, and using search tools effectively.



8 | OUR SCHOOL GOAL

To ensure our pupils develop into healthy well rounded, and digitally capable individuals who can thrive in the modern world.



Need Help or Advice?

Visit our school website for resources and support related to children's smartphone use and online safety.

