

PSHE – Personal, Social, Emotional Development (Prime Area)

PSHE is helping children stay healthy, safe and prepared for life and work in modern Britain.


**Links to**

**Aspiration 1:**

To build new friendships within my community.

**Aspiration 2:**

To respect and take responsibility for my environment.

Early Learning Goal	What this looks like a Weeke Primary	Future learning in Year 1
<p><b>ELG: Self-Regulation</b> Children at the expected level of development will:</p> <ul style="list-style-type: none"> <li>• Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly.</li> <li>• Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate.</li> <li>• Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.</li> </ul>	<p>The most relevant statements for PSHE are taken from the following areas of learning:</p> <ul style="list-style-type: none"> <li>• Communication and Language</li> <li>• Personal, Social and Emotional Development</li> <li>• Physical Development</li> <li>• Understanding the World.</li> </ul> <p><b>Communication and Language</b> <b>Listening, Attention and Understanding:</b> Hold conversation when engaged in back-and-forth exchanges with their teachers and peers. <b>Speaking:</b> Express their ideas and feelings about their experiences using full sentences, including use of past, present and future tenses and making use of conjunctions, with modelling and support from their teacher.</p> 	<p><b>Me and My Relationships</b></p> <ul style="list-style-type: none"> <li>• Why we have classroom rules</li> <li>• How are you listening?</li> <li>• Thinking about feelings</li> <li>• Our feelings</li> <li>• Feelings and bodies</li> <li>• Good friends</li> </ul> <p><b>Valuing Difference</b></p> <ul style="list-style-type: none"> <li>• Same or different?</li> <li>• Unkind, tease or bully?</li> <li>• Harold's school rules</li> <li>• It's not fair!</li> <li>• Who are our special people?</li> <li>• Our special people balloons</li> </ul>
<p><b>ELG: Managing Self</b> Children at the expected level of development will:</p> <ul style="list-style-type: none"> <li>• Be confident to try new activities and show independence, resilience</li> </ul>	<p><b>Personal, Social and Emotional Development</b> <b>Self-Regulation:</b> Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly. Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly.</p>	<p><b>Keeping Safe</b></p> <ul style="list-style-type: none"> <li>• Super sleep</li> <li>• Who can help? (1)</li> <li>• Good or bad touches?</li> <li>• Sharing pictures</li> <li>• What could Harold do?</li> </ul>

and perseverance in the face of challenge.

- Explain the reasons for rules, know right from wrong and try to behave accordingly.
- Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.

Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.

**Managing Self:**  
Be confident to try new activities and show independence, resilience and perseverance in the face of challenge.  
Explain the reasons for rules, know right from wrong and try to behave accordingly.  
Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.

**Building Relationships:**  
Work and play cooperatively and take turns with others.  
Form positive attachments to adults and friendships with peers.  
Show sensitivity to their own and others' needs.



- Harold loses Geoffrey

**Rights and Respect**

- Harold has a bad day
- Around and about the school
- Taking care of something
- Harold's money
- How should we look after our money?
- Basic first aid

**ELG: Building Relationships**

Children at the expected level of development will:

- Work and play cooperatively and take turns with others.
- Form positive attachments to adults and friendships with peers.
- Show sensitivity to their own and to others' needs.

**Physical Development**

**Gross Motor Skills:**

Negotiate space and obstacles safely, with consideration for themselves and others.



**Understanding the World**

**Past and Present:**

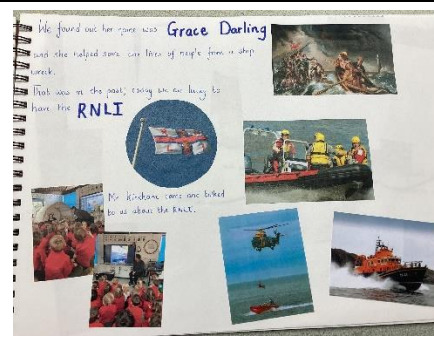
Talk about the lives of people around them and their roles in society.

**Being my Best**

- I can eat a rainbow
- Eat well
- Harold's wash and brush up
- Catch it! Bin it! Kill it!
- Harold learns to ride his bike
- Pass on the praise!
- Inside my wonderful body! (OPTIONAL)

**Growing and Changing**

- Healthy me
- Then and now
- Taking care of a baby
- Who can help? (2)



- Surprises and secrets
- Keeping privates private